

MEMBERSHIPS

	Explore	Connect	Empower
Cost	\$58/month	\$52/month	\$48/month
Contract Term	None	6 Months	12 Months
Weekly Classes Included	√	√	√
Monthly Classes Included	√	√	√
Audio/Video Library Included	√	√	√
Pop-up Classes Included	√	√	√
Life Coaching Included – 30-minute phone session ⁱ		1 session	2 sessions
Private Yoga Included – 30-minute virtual session ⁱ		1 session	2 sessions
20% Discount – Specified Private Services (See Services Below)		√	√
15% Discount – Workshops and Class Series		√	√
5% Discount – When Full Balance Paid at Sign-up		√	√

ⁱ Life Coaching and Private Yoga included in the membership are for the member only. The member must schedule the session(s) within the contracted period (6 months or 12 months) and the sessions are subject to calendar availability. One service type cannot be substituted for another. Additional sessions of Life Coaching and Private Yoga can be purchased at a 20% discount (see Services below for pricing).

SERVICES*

	Regular Price	Price for Connect/Empower
Life Coaching – 30-minute or 60-minute session (1 person)	\$35 or \$65	\$28 or \$52
Life Coaching – three 30-minute or 60-minute sessions (1 person)	\$96 or \$186	\$76.80 or \$148.80
Life Coaching for Partners – 60 minutes for 2 people	\$80	\$80
Group Life Coaching – 60 minutes for 3-6 people	\$110	\$110
Private Yoga – 30-minute or 60-minute session (1 person)	\$35 or \$65	\$28 or \$52
Prenatal Yoga – three 45-minute private sessions (1 person)	\$150	\$120
Prenatal Yoga – six 45-minute private sessions (1 person)	\$270	\$216
Reiki – 30-minute or 60-minute session (1 person)	\$35 or \$65	\$28 or \$52
Team Wellness Training	Contact Us for Details hello@ourcommunitywell.com	Contact Us for Details hello@ourcommunitywell.com

*Services are by phone for Life Coaching and by Zoom for Yoga and Reiki, unless otherwise arranged by OCW.

